

Summary of all 2023 grant titles, requested amounts, and project summaries

Focus Grant #1: Youth and Education

Total of 9 grants

1. Grant Title: Improving Education through Mentoring -----Requested Amount: \$10,000. -----
Project Summary: Today's youth face extraordinary societal challenges. Difficult family environments and peer pressures lead to a variety of instabilities and self-confidence insecurities. A positive role model is a proven solution – helping youth navigate difficult situations and reach their full potential. The focus for this grant will be on our one-to-one community-based mentoring program aligning with Youth and Education. Our impact on education is felt long after Littles graduate from high school. Harris Interactive conducted an online survey of alumni Littles from across the nation. Among those former Littles: 77% said they are doing better in school because of their Big. 65% agreed their Big helped them reach a higher level of education that they thought possible. 52% agreed their Big kept them from dropping out of high school. Children who perform well and graduate from high school, are more likely to achieve their goals and be successful in life. To be successful, it takes time and money to effectively match and support each mentoring relationship. Our staff are professionally trained individuals that devote their time ensuring mentors and families have the adequate training, guidance and support they need to stay on top of the ever-changing situations/needs that arise in our society today. Money awarded from the grant would be used to match and support 5 matches in the South Tahoe region for an entire year. In conclusion, Big Brothers Big Sisters is requesting \$10,000 for its Improving Education Through Mentoring project, which is designed to help participating youth avoid school failure, improve literacy rates, avoid premature use of drugs and/or alcohol, and to deal with their low self-esteem and behavioral problems. We are proud that this program has consistently shown positive outcomes for participating youth. Mentoring is a proven strategy to help at-risk youth learn how to make healthy life choices through the role modeling, guidance, and support their mentors provide. Specifically, at-risk youth matched with a Big Brother or Big Sister mentor are more likely to avoid delinquency while improving their self-confidence, academic performance, and relationships with peers and adults, compared to their non-mentored peers who are also at-risk.

2. Grant Title: Blue Ridge Court School - Under-served/High Needs Youth -----Requested Amount: \$10,000. -----Project Summary: One hundred percent (100%) of the funds will be used to purchase curriculum, equipment, and scheduled workshops. We plan to purchase a social-emotional learning curriculum from BASE Education, which is an evidence-based curriculum that aligns with the core competencies: self-awareness, self-management, responsible decision-making, relationship skills, and social awareness. We plan to purchase more sports equipment that promotes the benefits of physical activity on mental health, as well as engage the youth in activities that promote working as a team. We will purchase more literature books for our Reading with Relevance and Character-Based Literacy programs. These programs were developed to serve students who have had marginal success in school and are at serious risk for school failure and antisocial behavior. We would also like to provide workshops for the students, such as the Drumming Forward program that integrates the positive benefits of drumming using the African djembe hand drum, mindfulness practice, and journaling.

We would also like to provide an art mural workshop by bringing a muralist into the facility that allows youth to access their artistic skills and improve their physical environment. Painting murals inside the juvenile treatment center creates a softer and more emotionally friendly environment for the youth while teaching art, collaborative teamwork, and painting skills. In conclusion, Blue Ridge Court School is requesting \$10,000 for the Blue Ridge Under-served/High Needs Youth that reside in the locked Juvenile Treatment Facility which will provide programs and experiences that have a lasting impact on the youth during the time they are incarcerated, as well as once they are released and re-enter society.

3. Grant Title: Empowering the Next Generation: CUTL's Litter Education and Awareness Program (LEAP) for Youth in Grades 5-8. Requested Amount: \$10,000. -----Project Summary: Lake Tahoe is littered with thousands of pounds of trash accumulating below its crystal-clear azure waters. This litter enters the lake from land-based and water-based activities and associated littering behaviors. Education and awareness is the first step to stopping the flow of litter into our most venerated freshwater litter resource. This includes teaching our youth about the impacts of littering, where litter accumulates, and what we as a community can do to stop littering at the source. In 2023 we will formally launch our Litter Education and Awareness Program (LEAP). LEAP will develop and present four data-informed lessons, two each for grades 5-6 and 7-8, that address (1) the concept of litter and its effects on the environment; (2) how litter enters the environment; (3) the connection between litter on land and in the water; and (4) ways to prevent litter from entering the environment in a way that empowers students to make a difference through action. Each lesson plan will include a hands-on activity and/or experiential video content that transport students to freshwater lakebed environments of the Sierra Nevada and brings awareness to the otherwise unseen litter accumulations. Lessons will also be designed to dovetail with and reinforce grade-relevant STEM concepts. LEAP will reach 300+ students in the Tahoe-Truckee Region through at least 10 classroom and youth organization visits during 2023. This will include at least 75 students in the South Tahoe region during 3 or more classroom visits made possible with TWCF funding. We will also conduct outreach to youth educators and leaders in South Tahoe in order to establish broad connections, receive feedback on lesson plans, and gauge interest in expanding the LEAP program to other grade levels or organizations. In conclusion, Clean Up The Lake is requesting \$10,000 for the formal launch of a Litter Education and Awareness Program which will result in 4 lessons with hands-on learning elements for grades 5-8 and reach at least 75 South Tahoe students, with the objective of raising awareness about freshwater litter accumulations in the Tahoe Basin and empowering our youth to make a difference through everyday actions.

4. Grant Title: Farm Day 2024 Tahoe Outreach-----Requested Amount: \$10,000. -----Project Summary: For 21 years, Ag in the Classroom has hosted thousands of our local 3rd graders, 300+ volunteers and teachers for a day of hands-on, place-based, agricultural education. The purpose of Farm Day is to educate and help students understand where food, fiber and forest products originate and how they are used in everyday life. Classes rotate to learning stations and experience 8 presentations to learn about all aspects of agriculture and farming. We currently serve 1,091 students, 51 teachers, 21 schools and 327 parent chaperones within El Dorado County. With the participation of South Lake Tahoe schools through this Farm Day 2024 Tahoe Outreach grant, we can further serve an additional 360 students, 12 teachers, 4 schools and 36 parent chaperones. The location of South Lake Tahoe by nature isolates the population from the rest of El Dorado County. Exposure to agriculture, especially local farm animals and commodities, is especially important for the students of South Lake Tahoe since they are not

exposed on a daily basis to these aspects of El Dorado County. Our goal is to reach every 3rd grader in El Dorado County, but we have been unable to get South Lake Tahoe schools over to the event. Many factors contribute to this circumstance including the time it takes to travel over the summit to the El Dorado County Fairgrounds where the event is held, cost of transportation, bus fees and cost of registration. We plan to coordinate with and include Bijou Community School, Lake Tahoe Environmental Science Magnet School, Sierra House Elementary School, and Tahoe Valley Elementary School. The Farm Day 2024 Tahoe Outreach grant funds will be used to pay for all transportation fees, registration cost for every 3rd grade student, staff coordination with the teachers and additional presenter outreach. In conclusion, Ag in the Classroom is requesting \$10,000 for its Farm Day 2024 Tahoe Outreach Project which will assist the South Lake Tahoe School District in getting all 3rd graders to attend Farm Day in 2024.

5. Grant Title: Middle School Martial Arts Project-----Requested Amount: \$10,000. -----Project Summary: Escobar Martial Arts Club (EMAC) is a non-profit that supports martial arts education for at-risk and low income students. EMAC provides tuition and expenses for students to attend Escobar Training Grounds, a martial arts studio that trains children, teens and adults in karate, kickboxing and mixed martial arts. EMAC has supported a variety of students over the past few years. While the younger students have done very well in the program, middle and high school students have struggled to attend regularly – whether due to transportation issues, family obligations or social anxieties. Since this is an important age for growth and development, we want to offer a project to encourage more middle school students to attend. Students of the Middle School Martial Arts Project will attend classes dedicated to teen instruction offered at Escobar Training Grounds. Every week, students can attend teen karate, teen kickboxing, sparring and mixed martial arts classes for a total of up to nine classes. Students will learn the fundamentals of kickboxing – proper technique, defensive maneuvers, combinations and strength training. In addition to instruction, the funds will also provide uniforms (Gi), personal equipment (boxing gloves and wrist wraps) and the use of pads and protective equipment. Everything they learn will be in a safe, constructive environment with respect at the core of every aspect. The fundamental goal of this project is to engage and educate middle school students in the mental and physical activity of kickboxing. The secondary goals of the project is to model an outlet for stress relief, learn new techniques in self-protection, gain respect for one another, encourage students to get more involved and form new friendships. In conclusion, Escobar Martial Arts Club is requesting \$10,000 for its Middle School Martial Arts Project which will support 6 full-time middle school students to train full-time in martial arts for 9 months during the school year and purchase needed equipment for their training.

6. Grant Title: Ski Run Community Park-----Requested Amount: \$10,000. -----Project Summary: The Ski Run Community Park will be located on Ski Run Boulevard in the heart of South Lake Tahoe. The park was once home to the Slalom Inn, which was demolished in 1999. Since then, the vacant lot served as an unofficial playfield for the neighborhood. In June 2021, the property was acquired by four local families and fundraising and design began. Extensive community engagement has been conducted to design the park. Construction is scheduled to be complete in August 2023. The park is direly achieving the Tahoe Women's Community Fund's Focus Grant #1 goal of serving Youth and Education. Overall, the community park will serve 1,025 kids that live within a 1/2-mile distance to the park. The median household income

is just \$56,000 with 846 people living in poverty and 156 households without access to a car. It will serve a primarily Hispanic (55 percent) neighborhood that currently has zero park access within walking distance. It will include a gathering space, play space for all ages, public art, educational signs, and feature two iconic structures including a rope climb and professional rock-climbing wall. Community support for the project has been great with over 100 donors. The final piece of equipment for the park not yet funded is an outdoor climbing boulder. This would be the first of its kind in the Tahoe Basin. The boulder would serve as a launching pad for kids in the community to be exposed to and learn about rock climbing. This will lead to more kids exploring more of Tahoe. Lake Tahoe Community College is committed to using the boulder for their outdoor education programs and summer camps. The park will also host other partners to engage youth including Barton Health, Heavenly Ski Resort, SOS Outreach, and Keep Tahoe Blue. In conclusion, the Friends of Ski Run is requesting \$10,000 for its Ski Run Community Park project, which will be specifically used to help fund the first ever outdoor manufactured climbing boulder in the Tahoe Basin. The funds will go toward the boulder, which currently has \$100,000 of the \$161,000 cost raised.

7. Grant Title: Gift of Literacy 'Publisher' Sponsorship-----Requested Amount: \$6,500. -----
Project Summary: The Lake Tahoe Educational Foundation (LTEF) is requesting \$6,500 for a 'Publisher' sponsorship for one year of the annual Gift of Literacy (GOL) education community project. This grant would purchase hardbacked books for each of the 300+ first graders of South Tahoe, along with classroom and library sets of the 6-8 selections. GOL is a fun and exciting program designed to help spark a lifelong love of reading in South Shore's 300 first graders. The program spans months of classroom learning to read six to eight new books (selected by teachers on a variety of timely topics, such as diversity & inclusion and the environment), discussing them in class, and selecting their favorite. On the day of the Spring GOL event, students get to go to Lake Tahoe Community College (LTCC) and hear an inspiring and engaging presentation from the author/illustrator of one of the books they've read. They tour the campus and meet college staff for interesting age-appropriate lessons. For many of the kids, this is their first time on a college campus. Adult community volunteers from all walks of life read and discuss the books with the students. As an unexpected surprise, each first grader receives a backpack containing healthy snacks, fun learning aids, and their own new hardcoverd book to take home - the one they selected as their favorite. They cap off their visit on the soccer pitch, meeting members of the men's and women's LTCC teams who show them some moves. As you can see in the video appreciation for our 2020 TWCF grant, located on the Impact page of your website, the kids really appreciated the event. In conclusion, LTEF is requesting \$6,500 for purchasing books for the Gift of Literacy project which will whet 300+ young appetites for lifelong learning.

8. Grant Title: Dancing on a Dime Scholarship Fund-----Requested Amount: \$10,000. -----
Project Summary: Lake Tahoe's Shining Stars provides monetary assistance to Tahoe students ages YK through high school who would like to participate in dance classes each week at The Studio. We assist with the cost of monthly tuition, shoes, tights and costumes for the year end and Christmas recitals. We would also like to help with summer camp tuition. We provide funding for educational opportunities for dance students to train with professional dancers from all over the country through travel to dance conventions and here in Tahoe with professional

guest teachers. In conclusion, Lake Tahoe's Shining Stars is requesting \$10,000 for our Dancing on a Dime Scholarship Fund which will help ensure we are able to help as many kids as needed in the coming year.

9. Grant Title: New Beginnings in Outdoor Education-----Requested Amount: \$10,000. -----
Project Summary: Since the COVID epidemic The Sugar Pine Foundation have dedicated ourselves to creating new programming that takes into consideration the social and mental health needs that our youth now face. Between 2019-2021 the youth of South Lake Tahoe lost their ability to be involved and experience being part of a supportive community. Our children need to feel that they are part of something larger, that they can make a positive difference and that they have a secure future here in South Lake Tahoe- their home. Across America students are graduating from High School without the social and technical skills they need for success in their future life's and work careers. After reviewing the current needs of our students in South Lake Tahoe with the assistance of the Lake Tahoe Unified School District we are now in the process of integrating new opportunities into our existing environmental education. Our current field trips are part of a larger overarching programming that includes Career Technical Education, and we are moving to include not only environmental science and health as one of our core focuses but to also include how nature promotes human health and wellbeing. The funding received will cover costs for supplies \$6000, transportation \$2000 and a very small percentage of staff wages \$2000 which will allow us to create new social and emotional focus and lessons to expand upon our present environmental field trips. We will integrate new opportunities for technical and social skills within our programming and extend on our partnerships to involve contact with a wide range of community professionals. In conclusion, The Sugar Pine Foundation is requesting \$10,000 for its 'New Beginnings in Outdoor Education' Project which will enhance the social and emotional education of approximately 3,500 students within the Lake Tahoe Unified School District (LTUSD) with the support of South Tahoe Environmental Education Coalition and the Career Technical Education team, LTUSD.

Focus Grant #2: Mental Health and Wellness

Total of 6

1. Grant Title: Horsemanship Program -----Requested Amount: \$10,000. -----Project Summary: Between Horses and Humans is a heart-based leadership program that aims to change the lives and heal the hearts of our participants. We do this through our youth horsemanship program where children learn communication, emotional regulation, behavior modification and other life skills by working 1:1 with our trained instructor/horse teams for one hour each week. Participants learn the value of reciprocity by caring for the horses-grooming, feeding, body work, groundwork, and riding- and in return the horses give the participants unconditional love and respect. Most BHH participants have had Adverse Childhood Experiences (ACES) including poverty, neglect and abuse that result in mental health concerns. According to the Health

Resources & Services Administration (HRSA) 30% of children experience one ACE in their lifetime and 14% experience two or more (2019). Another study found that working with horses "prompted complex altercentric engagement, which allowed the scaffolding of competencies like decoding, emotion regulation expressiveness, assertiveness and communication coordination" (Craig, 2020). One parent whose daughter experienced mental health issues, multiple hospitalizations, and weekly therapy sessions since 2020, was thankful to find BHH. In her words: "The experience has been amazing because the horses allow her to heal on her own terms. Some days she wants to talk to the horses and other days she quietly works with them. Having the opportunity to do this allows her to feel in control of her own mental health which is so important to move forward in her journey." The BHH program budget covers horse care and feed, equine management, insurance, program management and volunteer training. We provide our services free of charge to youth in Douglas, El Dorado, and Washoe Counties. Typically, 30-50% of students reside in the South Lake Tahoe community. In a 2022 letter of support, one Lake Tahoe Unified School District school psychologist wrote: "BHH outshines as an agency that provides simple access to such a unique and successful intervention." In conclusion, BHH is requesting \$10,000 from TWCF for its youth horsemanship program which provides free adjunct mental health support to children experiencing difficult life situations in the South Lake Tahoe and surrounding communities.

2. Grant Title: Supporting Transitional Age Youth for Positive Outcomes -----Requested Amount: \$10,000. -----Project Summary: Encompass Youth is requesting \$10,000 for its "Supporting Transitional Age Youth (TAY) for Positive Outcomes" Project which will provide the necessary navigation and supportive services to ensure these valuable young people are prepared to transition successfully to adulthood. Our project is in alignment with our mission to "Provide Transitional Age Youth with the navigational support, resources, and skills needed to successfully transition to independence". The young people we serve are one of our most vulnerable, at risk, and underserved populations of young people in our community, ages 14-24 years. At some point in their lives, many of these valuable community members have been involved with, or are at high risk of becoming involved with the Juvenile Justice System, as well as Child Welfare, including multiple placements in Foster Care. They have lived a life filled with trauma, chaos, and instability. They have faced the challenges of abuse, mental health issues, substance use disorder, poverty, homelessness, and abandonment to name a few. They are at a pivotal point in their lives where they are, or will be, transitioning from child-serving systems to adult-serving systems, often without the knowledge, skills and capacity to do that successfully. TAY face the same needs as homeless and mentally ill adults in navigating the confusing intricacies of resources, care, and social services. However, a TAY lacks the life experiences of adults which usually provide a basis for persons attempting to enter these systems. We are able to fill that gap with our team of committed and trained adult Volunteer Youth Navigators who are available to provide the guidance and resources needed. 100% of the \$10,000 requested funds will be used to provide the components needed to address the issues of mental health, wellness, and instability as a result of unmet basic needs and other issues and gaps in their lives. Samples of expenses include: counseling; health/dental; essential needs (food/clothing/shelter/transportation/other); and fees for Positive Youth Development experiences. Collectively the funding will support positive outcomes for the well-being of the young people we serve.

3. Grant Title: Cupboards of Care Healthy Living, Healthy Lifestyles Program for Older Adults ----
--Requested Amount: \$10,000. -----Project Summary: HumanGood Affordable Housing is requesting a grant of \$10,000 from the Tahoe Women's Community Fund which would enable us to begin to offer the Cupboards of Care nutritional support program to eight low-income households across Tahoe Senior Plaza and Kelly Ridge and make essential upgrades to Tahoe Senior Plaza's wellness and recreation room. HumanGood's Cupboards of Care program was established in 2016 to help our residents overcome food insecurity and to promote healthier eating habits. The program provides gift cards of \$100 each on a quarterly basis to high need residents in our affordable housing communities so they may purchase nutritious foods, including fruits, vegetables and lean proteins, which can be cost prohibitive for those with limited budgets. Enrollees receive ongoing nutritional counseling, educational insights, and hands-on training from volunteer nutritional therapists who reinforce the importance of healthy eating behaviors for those faced with limited budgets. To augment Cupboards of Care, Tahoe Senior Plaza seeks crucial upgrades to our wellness and recreation room so that residents may once again have the opportunity to safely exercise in order to maintain their physical and mental health and wellbeing. Such support would enable us to purchase exercise equipment and work with fitness and wellness experts in the South Lake Tahoe community to offer such supports to our residents at both South Lake Tahoe and Kelly Ridge. In conclusion, HumanGood Affordable Housing is requesting \$10,000 for Healthy Living, Healthy Lifestyles Program for Older Adults initiative, which will enable the residents of Tahoe Senior Plaza and Kelly Ridge to live healthier, active lifestyles guided by supports in place through the Cupboards of Care program and ongoing physical and wellness counseling as they safely age in place.

4. Grant Title: Mental Health and Wellness Conference - Empowering the Physical & Mental Wellness Aspects of Life -----Requested Amount: \$9,800. -----Project Summary: A day-long conference in May 2024 (Mental Health Month) will bring together residents of all ages/demographics from Lake Tahoe. The focus will be a celebration of wellness and joyfulness that can be obtained through education, advocacy & support in a multitude of ways. Emotional, psychological, & social well-being are all parts of mental health; influencing our thoughts, emotions, and behaviors. Additionally, it influences how we respond to stress, interact with others, and make good decisions. Encouragement. Education. Empowerment. These are powerful words and powerful skills to offer through connections by local contributors and guest speakers we will be partnering with. Some of those partners will include other non-profits, such as Tahoe Youth & Family, Live Violence Free, Bread & Broth, and NAMI, to name a few, as well as partners such as Barton Health and Behavioral Health of El Dorado. We will all be offering vital information on the many resources available that can improve the quality of life and eliminate some of the stress and feelings of isolation that come from needing help & support with: monetary difficulties, navigating child & family issues, finding time for self-care, the impact of day-to-day concerns aggravated by the lack of a support system, education and resources on PTSD, issues specific to men, issues specific to women, and grandparents as parents. Suicide awareness, prevention & intervention; food security; self-care (physical and emotional); nutrition & healthy eating; self-harm reduction; and physical/illness support are just some of the resources & educational plans that will be provided to the attendees. In conclusion, Suicide Prevention Network is requesting \$9800.00 for its Mental Health & Wellness Conference which will provide stipends for mental health guest speakers, workshops & interactive activities, takeaway resources/educational materials/journals/workbooks/self-care items. We will market/advertise for a 3-month period.

5. Grant Title: Supporting kids in our community through social and emotional learning Programs Schools -----Requested Amount: \$10,000. -----Project Summary: TASK is requesting funds to continue to bring SEL programs to our local schools. Fitting with our mission to prevent and reduce youth substance use and related harm, building empathy and connections are life skills kids in our community need to make good decisions. TASK would like to continue to support Challenge Days at the High School and Middle School and also support programs at the Elementary Schools like Think Kindness and Soul Shoppe. These programs are expensive but extremely impactful and help to create space for conversations and change for kids in our community. The funds would bring facilitators and curriculum into our schools.

6. Grant Title: Demlu Muc'uk ke'i 'Food is Medicine' -----Requested Amount: \$10,000. -----Project Summary: Our program: Washiw Zulshish Goom Than-Nu (WZGT) seeks funding for a program designed to strengthen Wa:šiw 'Washoe' culture by supporting the Waši:šiw 'The Washoe People From Here' around traditional plant uses and stewardship at Da'aw'a:ga'a 'Lake Tahoe' Da'aw'a:ga;a is the center of the traditional Wa:šiw homelands and was our traditional summer home until access was denied, causing Waši:šiw to suffer disproportionate rates of poverty, mental illness, substance use, depression, diabetes, heart disease, obesity, and more. It's well documented that these health crises resulted from colonization, including eating foods that were not part of a traditional diet. An Indigenous diet offers healing benefits to the body, creating a deeper sense of stewarding of the land. Reconnecting Waši:šiw with the land and culture by reclaiming health, wellness and stewardship through tending our traditional plants is part of renewing our Traditional Ecological Knowledge (TEK). WZGT requests financial support for 2 Wa:šiw gatherings, 2 Public Forums, and 5 plant harvesting field trips to Da'aw'a:ga'a. Summer gathering will be held during the Waši:šiw 'itde'at Meeks Bay Resort, July, 2023. Fall Gathering will be held at the end of the season. Five plant education and harvesting trips will be offered. Our events will promote stewardship and reintroduce cultural foods like wadak'sa' 'Indian spinach' traditionally gathered early spring and steamed on hot rocks, dried in patties. Traditional cooking practices including the use of underground stone ovens and cooking baskets will be included. In conclusion, WZGT requests \$10,000 to fund Demlu muc'uk ke'i, (Food is Medicine) program activities for 2023. Funds will support re-education of the healing benefits of traditional foods and medicines; promote Waši:šiw culture and stewardship at Da'aw by hosting dialogue towards the creation of Washiw Rights of Nature policies intended to promote stewardship of Waši:šiw homelands within the Waši:šiw community and the larger surrounding community.

Impact Grant #1: Poverty, Housing and Basic Needs

Total of 4 grants

1. Grant Title: Basic Needs for a Healthy Bottom Line -----Requested Amount: \$5,000. -----Project Summary: Since the pandemic in 2020, there has been a nationwide shortage of infant formula that has directly impacted South Lake Tahoe's families with young children. Access to

infant formula in local stores has been very scarce to none, while the price of formula has more than tripled; from 9 cents/oz. to 32 cents/oz. With the rising cost of living (rent, food, transportation, and child care) for parents in South Lake Tahoe, there is an increase of vulnerable young families struggling to provide basic need items for their children. Catalyst Community (formerly known as Choices for Children) has addressed the critical need for diapering supplies & formula assistance in the South Lake Tahoe basin for the past 13 years. In 2022 alone, we enrolled 52 new families in our Healthy Bottom Line program, and provided diapers, wipes, and/or formula for 326 children. This large increase in usage of the program has proven that there is a lack of basic need items for vulnerable families with young children in South Lake Tahoe. Upon receiving this grant, Catalyst Community will be able to ensure that families continue to receive diaper supplies and formula assistance. This past year, Catalyst Community has also received an influx of requests from concerned child care providers, case workers, and parents for infants and toddlers that are lacking specific basic need items. Request have been made for weather-appropriate gear, personal care supplies, socks, shoes etc. Without these basic needs items, the health & well-being of these children are at high risk. Therefore, to address this problem, we want to expand our Healthy Bottom Line program by providing these additional basic need items for children 0-5, as well as discretionary funds for emergency basic need items by referral only. In conclusion, Catalyst Community is requesting \$5000, for the continuation and expansion of the Healthy Bottom Line Program, which will provide diapering supplies, formula, and basic need items for children 0-5, so our most vulnerable local families can provide for their youngest children's needs while facing housing crises, are between jobs, and making ends meet on limited budgets.

2. Grant Title: Food Relief & Outreach Program -----Requested Amount: \$5,000. -----Project Summary: For 45 years, Live Violence Free (LVF) has been committed to promoting a violence-free community through education and advocacy to address domestic violence, sexual assault, child abuse, and basic needs. As the sole provider of these services in the South Lake Tahoe (SLT) area, these communities depend upon LVF to provide support to families/individuals. SLT is a geographically isolated area that relies heavily on tourism, resulting in grocery stores charging inflated prices for their goods. SLT has few affordable grocery stores and is losing one of its primary stores, Raleys, greatly reducing access to healthy food options for transportation-limited residents in that store's surrounding neighborhoods. Currently, 19% of the population in the SLT area is food insecure (Barton Community Health Assessment). LVF coordinates weekly and monthly outreach and distributions through its Food & Outreach Program. During these distributions, food and basic needs items, such as personal hygiene products, are provided to promote economic and food relief for low-income and food-insecure families/individuals. Fresh fruits and vegetables, meats, grains, dairy, non-perishables, and ready-to-eat meals are purchased and distributed by LVF to ensure nutritious food is available to families/individuals in need. In addition, outreach is performed and education is provided. Through outreach and education, LVF enhances awareness of its Food & Outreach Program, as well as other programs offered by LVF, and strengthens community partnerships. Program participants are given printed materials, providing information on other community resources as well as LVF programs, and are informed of their rights as victims. Other organizations in the community are also provided with information on this program and other LVF services, and resource literature is obtained from them and made available at LVF distributions. With funding from this grant, LVF can continue this program, increase its impact on the community, and enhance the

services that are provided. This funding will exclusively aid in purchasing \$4,500 worth of food for the program and cover a \$500 portion of indirect costs. In conclusion, Live Violence Free is requesting \$5,000 for its Food Relief & Outreach Project which will help provide food to LVF clients and community members in need.

3. Grant Title: Impact Grant #1 -----Requested Amount: \$5,000. -----Project Summary: Saint Joseph Community Land Trust (SJCLT) is celebrating its 20th year of working to improve South Lake Tahoe by creating and preserving affordable ownership & rental housing as well as providing supportive services & community education. The lack of affordable housing is deeply impacting our region's residents and jeopardizing the entire Tahoe Basin economy. Astronomical increases in home prices combined with low ownership & rental housing inventory, are forcing first responders, teachers, school staff, health care workers, & many other essential workers, to leave the Tahoe Basin. Today, more than half of Lake Tahoe's Workforce doesn't live in the Basin, leading to longer commutes, rising traffic congestion, elevated environmental impacts, and lessened quality of life for residents & visitors. Governor Newsom and the California Legislature are encouraging affordable housing development on locally-owned surplus land, reusing infrastructure associated with existing sites. SJCLT is currently in talks with several local agencies who own surplus land that would be appropriate for multi-family affordable housing development. One potential development that will utilize one of these sites is Kateri Village, a proposed 20-25 unit affordable ownership development with 1- & 2-bedroom duplex units. All the homes will be priced to be affordable to moderate-income households making up to 120% AMI. Using the community land trust model, SJCLT will retain ownership of the land and ensure that the homes remain permanently affordable and used as the household's permanent, full-time residence. A conceptual site plan, floor plans, and renderings for Kateri Village has been completed and is available upon request. The TWCF Impact Grant funds will be deposited into SJCLT's Revolving Acquisition/Predevelopment fund and spent on permits, licensing fees, and related predevelopment costs for Kateri Village or a similar multi-family project. Any project proceeds received above costs of the project would be deposited back into the revolving fund to help fund future projects. In conclusion, SJCLT is requesting \$5000 for predevelopment expenses for its Kateri Village Project which will provide 20-25 affordable ownership homes for moderate income, full-time residents of the Tahoe Basin.

4. Grant Title: Keeping Tahoe Housed-----Requested Amount: \$5,000. -----Project Summary: These funds will be spent to subsidize the housing of three previously homeless women in South Lake Tahoe.

Impact Grant #2: Community, Arts, and Culture

Total of 1 grant

Grant Title: Performing Arts the Schools and Community -----Requested Amount: \$5,000. -----Project Summary: Tahoe Arts Project (TAP) is requesting \$5000 for our project -

PerformingArts in the Schools and Community which will include school programs and public performances. Funds will go directly to the payment of artist fees. Over 4,500 TK-12th grade students will benefit from the project. TAP was established in 1987 to meet the need of performing arts education that is lacking in the individual schools. For the majority of our local children, TAP provides their only exposure to live performing arts from various cultures. The community sees TAP as the purveyor of quality arts programming for all ages. In conclusion, Tahoe Arts Project is requesting \$5,000 for its Performing Arts in the Schools and Community project which will bring performing arts into our local schools and community.

Impact Grant #3: Environment & Animals

Total of 5 grants

1. Grant Title: Search and Rescue Winter Equipment -----Requested Amount: \$5,000. -----
Project Summary: EDSAR Tahoe needs to update its winter rescue gear, including 10 avalanche rescue beacons, 10 avalanche shovels, and 10 avalanche probes. While many of our volunteers provide their own personal gear, the team's equipment is used as backup and for those members who do not personally possess this type of life-saving equipment. This gear is used on all winter missions in the backcountry or during local welfare checks. The products would be bought from one of our certified vendors that will give us a search and rescue discount. In conclusion, EDSAR Tahoe is requesting \$5000 for the winter equipment project which will provide our volunteers with life-saving avalanche-safety equipment.

2. Grant Title: Food for Orphaned & Injured Wildlife at Lake Tahoe Wildlife Care -----Requested Amount: \$5,000. -----Project Summary: Our mission is to rescue, rehabilitate, and release orphaned and injured native wild birds and animals and to educate the public in practices to minimize our impact on wildlife. LTWC has grown to an organization that now provides services to nearly a dozen Tahoe area counties operating under permits issued by California and US Fish and Wildlife. It's the only facility in Northern California permitted to rehabilitate bear cubs. Since 1979, LTWC has cared for and rehabbed nearly 30,000 wild animals. In 2022, LTWC served nearly 1,000 injured or orphaned wild animals. We are committed to effective, scientifically informed, and compassionate animal care practices. In 2019, we moved to our 27-acre property, and by the end of 2021, we had completed a capital campaign for our new 5,000 sq foot, state-of-the-art animal hospital & rehabilitation center. We officially moved into our new building in January 2023. Since LTWC is operating a new and larger facility, we are seeking operational funds to support our food budget for orphaned & injured wildlife. Feeding our patients is one of the most basic necessities, especially for orphans in need of round-the-clock feeding care. Our current budget for food is \$35,000 per year. We purchase formula for our orphaned babies, bear chow for our bear cubs, mealworms, small rodents for our birds and raptors, and fresh produce for our large mammals. In conclusion, Lake Tahoe Wildlife Care is requesting \$5,000 to support our budget for Food for Animal Care. These funds will provide the much-needed food to assist us in caring for the orphaned & injured wildlife that come through our doors during the upcoming 2023 season.

3. Grant Title: Lake Tahoe Conservation Efforts -----Requested Amount: \$5,000. -----Project Summary: The budget for our AIS Program is \$210,000 annually, and this budget includes in following: Salary and benefits program staff are expert scientists in AIS and train Eyes on the Lake volunteers and marina staff. The League's program staff deploys training which makes the rapid detection and response to AIS sightings so crucial to the health of the Lake. Program supplies include guidebooks for volunteers and marina staff, upkeep, and the Tahoe Citizen Science App maintenance. Aquatic Invasive Species Abatement Projects, which includes the Tahoe Keys Control Methods test. In conclusion, The League to Save Lake Tahoe requests \$5,000 for its AIS Project, which will help fund the training of at least 100 Eyes on the Lake volunteers and several marina staff around the basin.

4. Grant Title: Lake Tahoe Ambassador Program -----Requested Amount: \$5,000. -----Project Summary: It is estimated that recreational activities alone account for more than 50 million visitor days annually in the Sierra Nevada. And with the introduction of COVID-19, more people are experiencing the outdoors than ever before. Increased visitor traffic brings elevated litter, unruly crowds, illegal campfires, and traffic pollution, imperiling forest health, water clarity, and public safety. This new reality of heavy tourism highlights the importance of educating visitors and reminding residents to take care of this magical place. The Ambassadors Program trains and places high school and junior college students, in summer jobs at highly visited locations within the Tahoe Basin. The Sierra Nevada Alliance hired and lead this pilot program for the past two years, thanks to the funding support of Tahoe Women's Fund in its pilot year. Ambassadors interact with tourists and provide environmental education, and promote stewardship/Leave No Trace ethic. This program recruits a mix of language speakers, to effectively interact with our visitors, who are increasingly diverse. Ambassadors collect and report metrics using the Tahoe Citizen Science app. The anticipated outcomes of the program are to establish a successful workforce development program that also curbs inappropriate tourist impact. Ambassadors will be placed with host-site partners at various locations including; Forest Service beaches, trails, and interpretative centers, California Tahoe Conservancy and State Parks and the visitor center at Stateline in partnership with Lake Tahoe Visitors Authority. The City of South Lake Tahoe plans to also have a program for their internal workforce and park sites that we fully support. Ambassadors also participate in community events and collaborative restoration events with partners. They are a part of a cohort working around the lake and have diverse training opportunities centered around natural history, professional development, and diversity equity and inclusion. We hope to partner, coordinate, and align all Ambassadors for efficiency and collaboration. In conclusion, we request \$5k to support the Ambassador Program in El Dorado County/City of SLT on non-City host sites.

5. Grant Title: Strengthening Sustainable Recreation on the Tahoe Rim Trail -----Requested Amount: \$5,000. -----Project Summary: The Tahoe Rim Trail Association (TRTA) is seeing an ever-growing number of novice trail users and is an international destination for over 500,000 outdoor recreators. A major component of the Tahoe Rim Trail Association's mission is to engage the public in sustainable recreation. This effort is primarily supported through the TRTA's volunteer-supported Trailhead Ambassador program. During busy weekends in the summer and fall, the TRTA hosts trailhead outreach events at major trailheads on the Tahoe Rim Trail (TRT) to educate trail users on wilderness ethics, provide consistent messaging about local rules and regulations, inform trail users about recreational safety information, keep

trailheads clean from trash, and collect data on trail users. The TRTA has multiple major trailheads on the south shore that serve as access points to the Tahoe backcountry. These trailheads are some of the most popular entry points to the TRT, including Upper Van Sickle, Echo Lakes, Echo Summit, and Big Meadow. The Trailhead Ambassador program is essential for providing face-to-face interaction at these highly-trafficked locations to educate trail users to have a safer and more environmentally-friendly experience on trail. This includes providing information about permitting requirements, user regulations, and best practices for camping and storing food. By educating trail users through this program, the surrounding landscape that the TRT traverses is better protected and preserved. Additionally, this program will support a major visitor-user intercept survey for the TRT system as the TRTA strives to better understand visitor demographics, points of interest, and environmentally impacted sites. This information will be invaluable in informing future trail construction and maintenance decisions to protect the surrounding environment better. Specifically, funds would cover the costs for staff time to coordinate, recruit, and train Trailhead Ambassador volunteers and seasonal staff and supplies and materials needed to educate trail users better. In conclusion, the Tahoe Rim Trail Association is requesting \$5,000 for its Trailhead Ambassador program, which will allow the TRTA to expand its ongoing efforts to educate the public on environmental ethics.